

For Immediate Release

MEDX HEALTH CORP.

NEWS RELEASE

TSX Venture Symbol: MDX

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MEDX HEALTH CORP. ANNOUNCES GRANT OF INCENTIVE STOCK OPTIONS

November 28, 2012 - Ontario, Canada: MedX Health Corp. (“MDX” or the “Company”, TSX – MDX) announces that it has granted a total of 2,475,000 Incentive Stock Options to Directors, Officers, Consultants and Employees, pursuant to the Incentive Stock Option Plan that was approved by shareholders on June, 2008.

Included among the grants were 400,000 options to each of Steve Guillen, Director/C.E.O. and Gary Van Nest, Director and Chairman, 375,000 options to Louie Canitano, Executive Vice President, and 200,000 to each of David Hennigar and Ken McKay, Directors.

All the incentive stock options granted are exercisable at \$0.10, are valid for a period of five years, expiring on November 26, 2017, and are otherwise subject to the Company’s 2008 Incentive Stock Option Plan. All options vest immediately, and are subject to a restricted four month hold period under applicable securities regulations. The Company’s 2008 Incentive Stock Option Plan reserves a total of 5,076,332 shares for issuance; taking into account this latest option grants, there are presently 4,623,000 options outstanding, with 453,332 remaining available for future grants under the Plan.

MedX is a global leader in the development, manufacture and distribution of quality patented optical biopsy technology used in early diagnosis of skin cancer and low level laser light technology and light imaging systems, for use in numerous medical settings for tissue repair including rehab/sports medicine, dentistry, wound care, aesthetics, and pain management.

For further information, please contact Louie Canitano, Executive VP, Operations at (905) 670-4428 Email inquiries should be made to canitano@medxhealth.com and the company website is located at www.medxhealth.com . Inquiries by direct mail should be addressed to; MedX Health 220 Superior Blvd., Mississauga, Ontario, L5T 2L2

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Certain information set out in this News Release constitutes forward-looking information. Forward-looking statements (often, but not always, identified by the use of words such as “expect”, “may”, “could”, “anticipate” or “will” and similar expressions) may describe expectations, opinions or guidance that are not statements of fact and which may be based upon information provided by third parties. Forward-looking statements are based upon the opinions, expectations and estimates of management of MDX as at the date the statements are made and are subject to a variety of known and unknown risks and uncertainties and other factors that could cause actual events or outcomes to differ materially from those anticipated or implied by such forward-looking statements. Although MDX believes that the expectations reflected in the forward-looking statements set out in this press release or incorporated herein by reference are reasonable, it can give no assurance that such expectations will prove to have been correct. The forward-looking statements of MDX contained in this News Release, or incorporated herein by reference, are expressly qualified, in their entirety, by this cautionary statement and the risk factors contained in MDX’s current annual information form available at www.sedar.com.